



MEMBER - SELF SCREENING

COVID-19

For your safety and ours - know before you go

An unwavering commitment to the health and safety of our staff and members remains top priority at CREB®. For your safety and that of CREB®'s staff and our members, please read and carefully answer the questions below any time **before** entering CREB®'s building.

YES NO

- Have you traveled outside Canada in the last 14 days?
- Have you had close contact with a case of COVID-19 in the last 14 days?
Close contact is defined as face-to-face contact within 2 metres for 15 minutes or longer, or direct physical contact such as hugging.
- Do you have any new onset (or worsening) of the following symptoms:

- Fever
- Cough
- Shortness of breath
- Runny nose
- Sore throat
- Chills
- Painful swallowing
- Nasal congestion

- Feeling unwell / fatigued
- Nausea / vomiting / diarrhea
- Unexplained loss of appetite
- Loss of sense of taste or smell
- Muscle / joint aches
- Headache
- Conjunctivitis (commonly known as pink eye)

If you have answered **YES** to any of these questions, **DO NOT ENTER** our facility for your safety, the safety of your co-workers and of CREB®'s staff.

Please **STAY AT HOME**. We encourage you to contact your physician, Alberta Health Services or Health Link 811 for further instructions.

REDUCE YOUR RISK OF INFECTION:

- Frequently washing your hands with soap and water for at least 20 seconds
- Use hand sanitizer
- Avoid touching your eyes, nose, or mouth
- Cough or sneeze into your arm or a tissue
- Avoid close contact with people who are sick
- Wear a mask when out in public and/or circumstances where physical distancing protocols cannot be maintained